

UNITED WAY OF THE QUAD CITIES
COVID-19 RESPONSE & ACTION



THE CORONAVIRUS- How to talk to your kids about it

Don't know how to talk to your child about the Coronavirus? Here are some great helpful articles that may help:

- Centers for Disease Control and Prevention
<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html>
- KidsHealth by Nemours
<https://kidshealth.org/en/parents/coronavirus-how-talk-child.html>
- PBS Kids
How to talk to your kids about the Coronavirus-
<https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>
De-Stressing during the Coronavirus-
https://www.pbs.org/parents/thrive/how-you-and-your-kids-can-de-stress-during-coronavirus?utm_source=BBT
- Brain Pop- A good video you could show your kids that helps explain the Coronavirus:
<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>